

Ideas

How you can help reduce your plastic waste

I will use this idea.

1) Buy bags and other items, e.g. wipes, that are biodegradable or reuse them whenever possible.

2) Choose fruit and vegetables with paper or less packaging, or take your own bag.

3) Study Reading Borough's new recycling scheme. You can now recycle plastic bottles, food trays, yoghurt and snack pots, cartons and tubs. (www.re3.org.uk)

4) Share your ideas with your family, friends and members of your church – and work together.

Find out more

Solving Plastic Pollution – narrated by Sir David Attenborough.

<https://www.youtube.com/watch?v=aTcMPy6L88E>

https://www.youtube.com/watch?v=d4_XAZufsGI&feature=youtu.be is a really good introduction to the scale of the problem.

<https://www.youtube.com/watch?v=DmNaBqJMj3I> is a disturbing video about plastic in animals. Go there and find a useful series of following clips.

You might find our discussion materials on plastic waste helpful.

<https://greenchristian.org.uk/about/local-groups/reading-area-green-christians/reading-area-green-christians-leaflets/>

What reductions in the plastics you use can you make and how does that show that you care for the world God has given you?

God's creation: cutting plastic waste



Reflection

“You put everything under his feet: all flocks and herds, and the beasts of the field, the birds of the air, and the fish if the sea, all that swim in the paths of the seas.” Psalm 8 v 6-8

Key facts

- An estimated 583 billion plastic bottles were produced in 2021. That is 100 billion more than were produced just five years ago.
- In the UK it is estimated that five million tonnes of plastic is used every year, nearly half of which is packaging.
- Every minute, two garbage trucks of plastic are dumped into our oceans. Currently, a total of 8 million metric tons is dumped.
- Over 1 million marine organisms are killed each year due to plastic pollution in the ocean.
- In 2022 Reading recycled or composted 52% of its rubbish but it could go higher.

How you can help. Find out more > >